

2019 MIAC CROSS COUNTRY CHAMPIONSHIPS

November 2, 2019 - Northfield, Minn.

Hosted by: Carleton College

Men's 8K: 11:00 A.M. | Women's 6K: 12:00 P.M.

****Awards ceremony shortly after conclusion of women's race****

INFORMATION

[Live Results](#) [Championship Preview](#) [Men's Championship History](#) [Women's Championship History](#)
[Men's Record Book](#) [Women's Record Book](#) [Awards \(M\)](#) [Awards \(W\)](#) [Athletes of the Week \(M\)](#)
[Athletes of the Week \(W\)](#)

Men's Race: 8k | 11 a.m. | [Preview](#) | [Parking](#) | [Course Map](#) | [Results](#) | [Recap](#) | [Photos](#) |

Women's Race: 6k | 12 p.m. | [Preview](#) | [Parking](#) | [Course Map](#) | [Results](#) | [Recap](#) | [Photos](#) |

ADMISSION

There is no admission fee to attend the MIAC Cross Country Championships. All spectators should read the [MIAC Cross Country Championship Information Sheet](#) for details on parking, directions, and expectations.

PARTICIPANTS



**Augsburg
University**

Auggies

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)



**Bethel
University**

Royals

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)



Carleton College

Knights

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)
[Women's Schedule](#)



Concordia College

Cobbers

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)
[Women's Schedule](#)



Gustavus Adolphus College

Golden Gusties

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)
[Women's Schedule](#)



Hamline University

Pipers

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)
[Women's Schedule](#)



Macalester College

Scots

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)
[Women's Schedule](#)



St. Catherine University

Wildcats

[Women's Roster](#)
[Women's Schedule](#)



College of Saint Benedict

Bennies

[Women's Roster](#)
[Women's Schedule](#)



Saint Mary's University

Cardinals



Saint John's University

Johnnies

[Men's Schedule](#)
[Women's
Schedule](#)



**University
of St.
Thomas**
Tommies

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)
[Women's
Schedule](#)



**St. Olaf
College**
Oles

[Men's Roster](#)
[Women's Roster](#)
[Men's Schedule](#)
[Women's
Schedule](#)

DIRECTIONS